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Anti-Bullying Newsletter

Spring 2020

Anti-Bullying Week

Last term, all the children at Howley participated in Anti-Bullying week. The children in 4GA delivered an assembly to the whole school with the important message of 'Change Starts With Us'. The Anti-Bully Buddies ran a campaign – 'A Week of Happiness' – where all members of the school community went out of their way to do something to make someone else happy. Our weekly PSHE lessons were about educating the children on bullying – what it is, what to do about it and how we can make a difference.

Next half term, the buddies will be meeting to discuss and arrange a Spring term campaign.

Make sure you have a look at our 'Switched on at Howley' leaflet with more advice and guidance for the online world.

Beat the Bullies Online

1. First and foremost - be nice to each other!

No matter what, always make the effort to be kind online - share the love!

2. Always get consent

Want to post that photo of your bestie at the beach? Make sure that you get their permission before you post. Whether it's a picture or simply a tag, it's always good to check with them first - what if it's something they don't want putting out there?

3. Look out for others

We can all help one another and make being online a more positive and safe space by speaking up when someone is mean or rude. It's good to be supportive - and to feel supported - when navigating the online world.

4. Filter out the negative

If you feel that something online isn't right, maybe it makes you think 'Ugh!' reporting inappropriate or illegal content and behaviour online can help to make the internet a more positive and safer space for everyone. You can make a difference!

5. Protect your rep!

The internet can be a force for good so seek out positive opportunities to create, engage and share; making the most of the online world. You're representing you when you post - so be the best version of you!

Useful links for Anti-bullying:

Anti-Bullying Alliance for Parents:

<http://anti-bullyingalliance.org.uk/advice/parents-carers/anti-bullying-tool-for-parents/>

Anti-Bullying Alliance for Children:

<http://anti-bullyingalliance.org.uk/advice/children-young-people/>

Our Online Safety page:

<http://www.howleygrange.co.uk/parents/esafety-for-parents.html>

