



Physical Education Policy – Led by Mrs E Trimmer

Introduction

At Howley Grange Primary School we aim to provide a broad and balanced PE curriculum, which is delivered through varied teaching approaches and progressive learning objectives. We endeavour to make PE stimulating, enjoyable and challenging, through the selection of suitably differentiated tasks for all pupils, irrespective of innate ability. We enable all our children to live a healthy lifestyle, experience success and be motivated to further develop individual potential.

Aims

Our curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities in a fun environment
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

Curriculum Planning

All curriculum planning is based around the statutory requirements of the knowledge, skills and understanding outlined in the 2014 National Curriculum. Planning meets the needs of all learners through differentiated tasks, varied teaching and learning styles and the use of a variety of resources. Each half term units of work are planned for both indoor and outdoor PE. These outline the key objectives to be covered during the half term, leading to the development of a core skill/ game such as gymnastics, soft ball etc.

Teaching and learning

All children receive 2 hours of PE each week, one session is based outdoors and develops children's games and outdoor activity skills, the other session is indoors and will focus on dance and gymnastic skills. Children in Y3 will have swimming lessons instead of two one hour PE lessons. In wet weather Cosmic Yoga and Cyber Coach will replace outdoor PE.

Within Key Stage One, Pupils will develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination,

individually and with others. They will be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils will be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns.

During Key Stage Two, pupils will continue to apply and develop a broader range of skills, learning how to use them in different ways and to link them to make actions and sequences of movement. They will enjoy communicating, collaborating and competing with each other. They will develop an understanding of how to improve in different physical activities and sports and learn how to evaluate and recognise their own success.

Pupils will be taught to:

- use running, jumping, throwing and catching in isolation and in combination
- play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending
- develop flexibility, strength, technique, control and balance
- perform dances using a range of movement patterns
- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.

Assessment

Assessment in PE follows school policy and procedures. At Howley Grange, we understand the value of formative, day to day assessment and incorporate assessment for learning opportunities within lessons, using teacher, self and peer assessment to inform future planning and delivery. At the end of each term, teachers formally assess and record children's achievements against age related expectations.

Role of the P.E Subject Leader

- To ensure the policy is being implemented.
- To review this policy on an annual basis.
- To support staff, to implement P.E, using the National Curriculum programmes of study.
- To ensure staff are consulted, through audits, to show the areas to be addressed in order to improve their own professional development.
- To keep up to date, with current developments in their subject area.
- To ensure National Curriculum statutory requirements are met.
- To monitor and ensure maintenance of resources and equipment.
- To support and monitor planning and delivery.
- To organise or delegate organisation of clubs and tournaments.

- To monitor the P.E curriculum to ensure that progression is apparent by keeping photographic and video evidence of children's work in a portfolio.
- To provide strategic leadership for the development and improvement of PE across the school
- To assist the Head teacher in planning for and tracking the impact of Sports Premium.

Resources

Pupils have access to the use of one hall, two tarmac playground areas and one large grassed area. P.E resources are kept in two P.E sheds outside on the playground and in the hall. The key for both sheds is kept in the office. Teachers/adults need to collect the key at the start of each session and must ensure it is returned at the end. Resources used during the session must be returned to the shed once they have been used.

Physical Activity outside of the Curriculum

Howley Grange is maximising the opportunities available for regular physical activity and engages with all pupils to help them meet the recommendation of at least 60 minutes moderate physical activity each day. This is shown through the use of equipment and specialist play leaders at lunchtime, and the provision of sports based out of hours clubs.

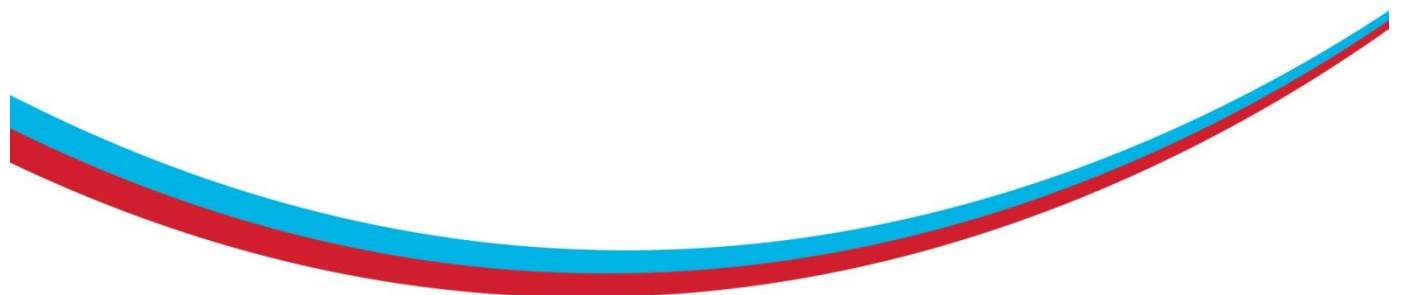
Community Links

Howley Grange recognises the importance of links with the community and has forged links with local high schools through pupil visits, visits by high school teachers and their sharing of facilities and expertise. Halesowen Schools Network will host competitions and local clubs.

Reviewed September 2019

L Trimmer

Next review July 2021



Achieve Believe Care